

Hours	Section 1 Offering	Section 2 Offering	Section 3 Offering	Section 4 Offering	Section 5 Offering
10:00am-10:30am	Making Time for Play: Tools from a Drama Therapist <b>Rm 220</b>	Beginner Hatha Yoga <b>Rm 115</b>		Transformative Justice in Schools <b>Rm 327</b>	Nutrition for Stressed-Out Grad Students <b>Rm 322</b>
10:30am-11:00am					
11:00am-11:30am	Introduction to Sexuality and Social Work <b>Rm 217</b>	Intro to Theater of the Oppressed (11am-12:30pm) <b>Rm 115</b>	Healing Through Writing <b>Rm 329</b>	Self-Care for Social Workers <b>Rm 331</b>	
11:30am-12:00pm					
12:00pm-12:30pm	Pushed to the Fringes of the Formal Economy: Addressing the Needs of Undocumented Sex Workers <b>Rm 324</b>	Trans 101 <b>Rm 330</b>	Social Work Spa <b>Rm 327</b>	Performance Art: Shaping Social Justice and Helping Heal Trauma <b>Rm 220</b>	She's Just Not That Into You <b>Rm 217</b>
12:30pm-1:00pm					
1:00pm-1:30pm	Sex Trafficking and Trauma Informed Care <b>Rm 217</b>	Creative Writing Workshop (1pm-2:30pm) <b>Rm 322</b>	Licensing Prep for First Year Students <b>Rm 326</b>	Healing in Motion: Movement Meets Social Work Practice <b>Rm 115</b>	End Neo-Slavery and the Politics of HyperIncarceration in the United States: A Just Practice Approach (1pm-2:30pm) <b>Rm 201</b>
1:30pm-2:00pm					
2:00pm-2:30pm	<b>Lunch</b>		<b>Lunch</b>	<b>Lunch</b>	
2:30pm-3:00pm		<b>Lunch</b>			<b>Lunch</b>
3:00pm-3:30pm	The Fountain House Clubhouse Model: An Innovative Approach to Serious Mental Illness <b>Rm 214</b>	Supporting Vulnerable Communities Through NYC Human Rights <b>Rm 220</b>	Writing Effective Resumes, Cover Letters, and Thank You Letters <b>Rm 326</b>	Kink 101 <b>Rm 331</b>	Serving Muslim Clients During Challenging Times (3pm-4:30pm) <b>Rm 324</b>
3:30pm-4:00pm					
4:00pm-4:30pm	Movie screening: Anatomy of an Organizer (4pm-5:30pm) <b>Rm 201</b>	On Being Queer, Haitian, and BirthrightAFRICA: A Cross-National Panel <b>Rm 322</b>	Immigrants: A Story of Strength and Resilience <b>Rm 327</b>	Stress Management & Self-Care in These Challenging Times (4pm-5:30pm) <b>Rm 330</b>	The Scope of Reproductive Justice and How it Intersects with All Aspects of Organization <b>Rm 329</b>
4:30pm-5:00pm					
5:00pm-5:30pm	I'm Graduating! Now What? <b>Rm 220</b>	Sex Worker Panel: Academic Research vs. Community Research <b>Rm 217</b>	Using "Self" in Clinical Practice and Community Organizing <b>Rm 331</b>		Student Senate Faculty Meeting <b>Rm 326</b>
5:30pm-6:00pm					
6:00pm-6:30pm		Mindfulness Workshop <b>Rm 327</b>	Finding Safety: Working with Immigrants in a Hostile Climate <b>Rm 324</b>	Mass/Hyper Incarceration: A Racial Control and Containment System for Black and Brown People (6pm-7:30pm) <b>Rm 322</b>	
6:30pm-7:00pm					
7:00pm-7:30pm	Children's Rights <b>Rm 326</b>	Therapeutic Singing Workshop with Voices in Flow <b>Rm 214</b>	Licensing Prep for 2nd Year Students <b>Rm 329</b>		
7:30pm-8:00pm					

\* Resume Rush (for those who pre-registered) Room 318, (10:30am-12:30pm) \*

## Workshops

- Making Time for Play:** Interactive workshop with drama therapy games/interventions that can be adapted for use in clinical settings.
- Beginner Hatha Yoga:** Breathe, stretch, meditate and deeply relax. Some mats provided, please bring your own if you can.
- Transformative Justice in Schools:** Learn about the start of Young Transformative Justice Crew and their group process and direction. Crew members will share best practices for youth-centered, community work.
- Nutrition for Stressed-Out Grad Students:** Learn how to read food labels to change your diet for a healthier you.
- Introduction to Sexuality and Social Work:** Introduce the importance of sexuality within social work and teach students how to create a sex-positive environment for their clients.
- Intro to Theater of the Oppressed:** Theatre games to “de-mechanize” body and mind: when we are stuck in patterns of action and thought, we cannot freely be ourselves, secure human rights, follow dreams, and be true leaders in our communities.
- Healing Through Writing:** This workshop focuses on how poetry can help us express ourselves.
- Self-Care for Social Workers:** Introduction to self-care including mindfulness, nutrition, sleep, movement, spirituality and community. Each participant will write a specific, realistic plan for self-care over the next year.
- Addressing the Needs of Undocumented Sex Workers:** Clement Lee (immigration attorney) & Aídinha Gaxiola Kamey (counselor advocate) discuss work with LGBT asylum seekers with sex work convictions.
- Trans 101:** Introduction to trans identities and common terminology used by people in LGBTQ communities, and a discussion of best practices for working with/advocating for people in these communities.
- Social Work Spa:** Learn about effective and creative self care. First come first serve sign up for 5 min massages and mini manicures!
- Performance Art Workshop:** Silberman Student/performance artist Kim Wirt explores connections between performance art, trauma, and social justice.
- She’s Just Not That Into You:** A creative workshop for anyone who has been told by the white heteropatriarchy how to want and who to want. This space is designed specifically for people of color, and is open to all.
- Sex Trafficking and Trauma Informed Care:** Learn about the clinical manifestation, physical indicators and red flags associated with human trafficking.
- Creative Writing Workshop:** Write to 2-3 prompts with the opportunity to share with each other, and give/receive positive feedback.
- Licensing Prep for First Year Students:** An overview of the LMSW exam, what it looks like and how to prepare.
- Healing in Motion:** This session-in-motion draws from a variety of movement traditions and community art-making practices to rediscover the gifts of breath, body, and movement.
- End Neo-Slavery and the Politics of Hyperincarceration:** Panel discussion and presentation related to a project (campaign) to amend the 13th Amendment of the US Constitution.
- The Fountain House Clubhouse Model:** Learn about how Fountain House’s focus on strengths, talents, and abilities, empowers their members to live full and productive lives despite their serious mental illness.
- Supporting Vulnerable Communities Through NYC Human Rights:** Learn about the NYC Human Rights Law-one of the most robust anti-discrimination laws in the country and how the law is designed to help vulnerable communities.
- Writing Effective Resumes, Cover Letters, and Thank You Letters:** Overview of tips for effective résumés, cover letters, and thank you letters.
- Kink 101:** Professional dominatrix Lola Jean and kinky Silberman student Julia Koenwer answer all your questions about what it means to practice kink.
- Serving Muslim Clients During Challenging Times:** With heightened fear among the undocumented immigrant Muslims. What can we do to help them? And how?
- Anatomy of an Organizer:** Documentary "Heather Booth: Changing the World, " talk back session afterwards to engage students in organizing.
- On Being Queer, Haitian, and BirthingAFRICA:** Presentation on the intersections of queerness and blackness, as well as land theft and land rights for black folks.
- Immigrants: A Story of Strength and Resilience:** Discusses how to be a good ally to immigrants, and how immigrants impacted U.S. history, and current legislation.
- Stress Management & Self-Care in These Challenging Times:** Assists students in pressing the pause button as we face a demanding socio-political world.
- The Scope of Reproductive Justice:** Explores the reproductive justice lens and how we need to navigate justice from a preventative and confrontational perspective.
- I’m Graduating Now What?:** Discusses preparation, licensing, networking, applying to jobs, interviews, and the state of the field.
- Sex Worker Panel:** Discusses the value of community-based research by and for sex workers
- Using “Self” in Clinical Practice and Community Organizing:** Discusses using personal experience to connect with clients and communities.
- Student Senate Faculty Meeting:** Meeting for current and prospective members
- Mindfulness Workshop:** Practice letting go of attachment to our thoughts, and find space to just be.
- Working with Immigrants in a Hostile Climate:** Explores questions that commonly arise with recent immigrants, especially those fleeing gender-based and anti-LGBT violence in their countries of origin.
- Mass/Hyperincarceration:** We will read and discuss Chapter 1 of the New Jim Crow by Michelle Alexander.
- Children’s Rights:** An introduction to the concept of children’s rights, in the context of current affairs, nationally and internationally.
- Therapeutic Singing Workshop with Voices in Flow:** Music games conducted by the group Voices in Flow.
- Licensing Prep for 2nd Year Students:** An overview of the LMSW exam, what it looks like and how to prepare.
- Resume Rush** (for those who pre-registered): Constructive tips on editing/creating your professional resume.